



Welcome to George Street Naturopathic Medicine and congratulations for putting your health first. By investing in Naturopathic Medicine, you have taken a major step to improving your health now and for the future. As your Doctor, I am certain you will find your experience a positive and rewarding one.

In making your appointment you have demonstrated that you are intent and ready to make the shifts in your life that are necessary to experience total health. Please take the time to fill out the important questionnaire contained within this package. The responses you provide will greatly assist me to understand your health goals so that we can formulate an individualized health care plan tailored to your needs. Rest assured that all the information you share on these forms and in our interactions will be held with the utmost confidentiality.

Included in this package is a complete fee schedule of my services. Please take the time to review this before you come in. At present, Naturopathic care is not covered by OHIP. However, if you have extended medical insurance, please check with your plan to see if there is "Naturopathic Coverage", as many of the major insurance companies do offer this. At the end of each visit you will be provided with the appropriate receipts to submit to your insurance company.

Please remember to bring the completed "Intake Form" and the signed "Privacy Policy" and "Informed Consent" contained in this package when you come for your initial visit. Your first visit will be 1.5 hours long and will include a physical examination. Once a treatment plan is created, your progress will be monitored and further visits may be necessary to map out continued treatment.

I sincerely thank you for taking this step towards the betterment of your health and I look forward to seeing you at your visit to the clinic.

Dr. Joanna Thiessen, B.Sc., N.D.

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